

Sports Conditioning



Mon	Tue	Wed	Thu	Fri
July 6 Welcome! First Day of Camp!	7 Swim At Spook Rock Pool	8 Red, White & Blue Day	9 Swim At Spook Rock Pool	10 Kickball Tournament
13 Skyzone	14 Swim At Spook Rock Pool	15 Pink Out	16 Swim At Spook Rock Pool	17 Tennis Baseball Tournament
20 New City Bowl	21 Swim At Spook Rock Pool	22 Jersey Day	23 Swim At Spook Rock Pool	24 Tie Dye Day
27 The Castle Fun Center	28 Swim At Spook Rock Pool	29 	30 Swim At Spook Rock Pool	31 Gaga Ball Tournament
August 3 Dorney Park	4 Swim At Spook Rock Pool	5 NY Boulders Baseball Game	6 Swim At Spook Rock Pool	7 Handball Tournament
10 Dave & Buster's	11 Swim At Spook Rock Pool	12 School Spirit Day	13 Swim At Spook Rock Pool	14 Last Day Of Camp Pizza Party!

Please Note: Calendar activities are subject to change.

SPORTS CONDITIONING INFORMATION

Trips

TRIP: SkyZone

July 13

Lunch will be provided
Regular drop off & pick up

TRIP: New City Bowl

July 20

Lunch will be provided
Regular drop off & pick up

TRIP: The Castle Fun Center

July 27

Lunch will be provided
Regular drop off & pick up

TRIP: Dorney Park

August 3

Lunch provided
Early drop off: 7:30am
Late pick up: 7:00pm

*Additional concessions available for purchase

TRIP: New York Boulders Baseball Game

August 5

Lunch will be provided
*Additional concessions available for purchase
Regular drop off & pick up

TRIP: Dave & Buster's

August 10

Buffet lunch, \$20 power-play card, and unlimited video game play
Regular drop off & pick up

Tie Dye Day:

Bring in a white t-shirt in a zip lock bag with your name written on it.

Color Run:

Wear a white top!

End of Camp Party:

Lunch will be provided to all campers.

Campers must wear their camp t-shirt on trip days.